

THE YORKSHIRE S.A. CHAMPIONSHIPS 2026 - STANDARD ENTRY TIMES

LONG COURSE TIMES - COVERSIONS FROM SHORT COURSE ALLOWED.
ALL TIMES MUST BE RECORDED IN BRITISH RANKINGS AT LEVELS 1-4
ACHIEVED BETWEEN THE 1ST JANUARY 2024 AND THE CLOSING DATE

OPEN/MALE	10/11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17&over
50m Freestyle	38.2	35.7	33.4	30.9	29.6	29	26.2
100m Freestyle	01:22.5	01:15.1	01:10.7	01:05.7	01:02.2	01:00.3	55.6
200m Freestyle	03:01.1	02:44.9	02:32.9	02:20.7	02:17.2	02:14.3	02:04.5
400m Freestyle	06:28.0	05:56.6	05:28.8	04:54.9	04:50.4	04:50.0	4.32.5
800m Free		12:18.9	10:41.0	09:47.6	09:41.8	09:41.5	9.15.0
1500m Freestyle		23:35.0	20:48.0	18:55.6	18:42.7	18:40.0	17.20.0
50m Backstroke	45.3	42	39.4	38	35.3	35	31.2
100m Backstroke	01:33.5	01:26.7	01:21.6	01:15.6	01:11.6	01:11.5	01:06.2
200m Backstroke	03:20.5	03:04.1	02:52.3	02:44.6	02:36.8	02:35.0	02:29.2
50m Breaststroke	51.7	48	44.2	42	39.5	38.5	34.4
100m Breaststroke	01:48.0	01:39.8	01:31.0	01:27.0	01:21.7	01:19.8	01:13.1
200m Breaststroke	03:52.9	03:34.7	03:17.7	03:09.3	02:58.0	02:57.5	02:51.4
50m Butterfly	46.1	42.8	38.6	35	33.2	32.6	28.6
100m Butterfly	01:46.3	01:32.5	01:23.6	01:17.0	01:11.5	01:09.6	01:02.3
200m Butterfly	03:45.0	03:30.0	03:25.0	02:50.0	02:42.0	02:40.0	02:30.0
200m I.M.	03:23.2	03:05.8	02:56.9	02:40.2	02:36.0	02:31.0	02:22.4
400m I.M.		06:56.3	06:15.2	05:42.2	05:41.8	05:41.5	05:17.5

UPDATED 7TH JANUARY 2026

FEMALE	10/11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17 & over
50m Freestyle	38.2	35	33.5	31.5	30.8	30.7	29.7
100m Freestyle	01:22.2	01:14.2	01:12.0	01:06.9	01:05.4	01:05.1	01:02.7
200m Freestyle	03:01.1	02:43.0	02:35.0	02:25.1	02:21.8	02:21.3	02:17.0
400m Freestyle	06:27.4	05:43.3	05:30.0	05:05.0	04:59.2	04:57.5	04:55.0
800m Freestyle		11:28.0	10:46.7	10:12.6	10:03.0	10:03.0	9.38.66
1500m Free		22:50.0	20:50.0	19:41.3	19:23.6	19:20.0	19:00.0
50m Backstroke	44.8	40.9	38.5	36.5	36	35.8	34.2
100m Backstroke	01:32.6	01:24.5	01:21.0	01:16.6	01:15.1	01:14.0	01:12.1
200m Backstroke	03:23.0	03:02.7	02:55.0	02:44.6	02:40.1	02:40.0	02:35.6
50m Breaststroke	51	46.3	42.9	41.9	41.5	41.2	38.6
100m Breaststroke	01:46.6	01:36.1	01:33.0	01:27.7	01:25.9	01:24.7	01:22.0
200m Breaststroke	03:50.2	03:29.9	03:20.0	03:09.0	03:05.9	03:05.0	03:01.6
50m Butterfly	45.2	40.4	38.5	34.9	33.3	33.2	32.1
100m Butterfly	01:44.2	01:28.6	01:25.0	01:17.5	01:13.7	01:13.1	01:10.7
200m Butterfly	03:45.0	03:30.0	03:10.0	03:00.0	02:52.0	02:51.0	02:47.0
200m I.M.	03:21.6	03:01.9	02:52.0	02:42.1	02:39.0	02:38.9	02:35.8
400m I.M.		06:34.8	06:10.0	05:47.9	05:38.1	05:37.8	05:37.0